



## Women's Forest Congress UPDATE

October 2024

### Video Recordings Available from September Lunch & Learn

[Watch](#) the recording from WFC's September 11 Lunch & Learn, where we explored the topic of burnout. Please use the case-sensitive password: qi.7\*sS7. Our speaker, Michelle Manassah of Pull the Focus, helped us learn to identify our own burnout, shake the shame that you can't do it all, and create ground rules to prevent burnout. She also shared 10 actionable strategies to build your own Burnout Preparedness Toolkit, which is available as a [handout](#). The video and handout will be available for Women's Forest Congress network access until October 31, 2024.

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### What's Happening in the WFC Community?

As with any grassroots movement, relationship building and community are critical to success. WFC is no different. We are grateful for our entire community and network. Here's where you'll find WFC "on the road".

#### WFC Networking Opportunity at 2024 SAF National Convention



WFC was pleased to once again host the Women in Natural Resources meet-up at the Society of American Foresters' National Convention in September in Loveland, CO. Close to 125 folks from across the sector joined us to network, build relationships and share local actions to build, support, and expand a pipeline of talent for women in the forest sector. Be on the lookout for a blog in the near future detailing more from the event.

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### Reflecting on the Inaugural Women's Forest Congress

It was just over two years ago when close to 500 people gathered for the Inaugural Women's Forest Congress, in October 2022. Since then, the Women's Forest Congress has engaged across our network to live out the WFC Declaration's 10 resolutions, hosting virtual gatherings and in-person meet-ups to grow and build relationships. Take a stroll down memory lane with us and check out our "Shareable Info" to [read the recap](#) created by the Forest History Society and attendees' reflections from the event.

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### WFC Blog

Be sure to check out our full suite of [WFC blogs](#). And if you're interested in being a guest

blogger, please [let us know](#). We are particularly interested in individuals and organizations who can share how they live out the WFC Declaration's 10 resolutions, in part or in whole.

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## SAVE THE DATE - December 2024 Lunch & Learn



Coming Soon! And don't forget to save the date for our final 2024 Lunch & Learn - December 3, 2024, 1:00-2:00 pm ET, where we'll reflect on 2024 and look ahead to 2025. If you or your organization is interested in supporting the Congress and our final 2024 Lunch & Learn, check out our [sponsorship prospectus](#), [donate today](#), or [reach out to us](#).

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