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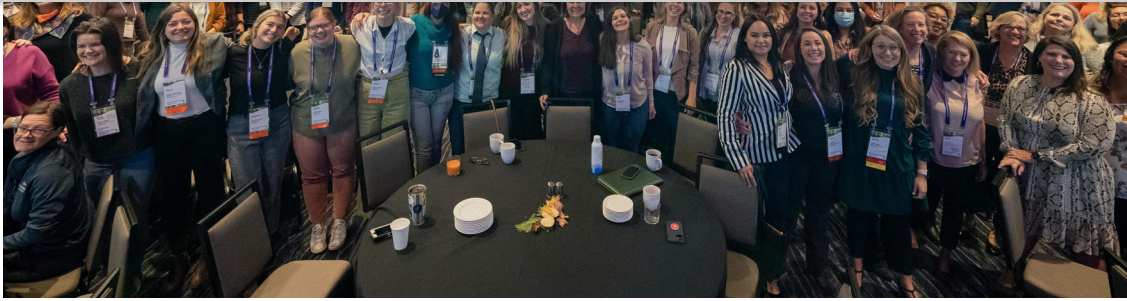


October 2023

What's Happening Across the WFC Community?

- Are you or a friend or colleague attending the SAF Convention this week? **Join the Women's Forest Congress (WFC) at SAF for the Women in Natural Resources Meetup!** The meetup is Friday, October 27, 10:30am-12pm PST. It will include interactive bingo with WFC prizes, networking opportunities, discussion around navigating career transitions and supporting others, and ways to get involved with WFC. Everyone, from students to those far along in their careers, is welcome to join! And join us for as much or as little time as you have available. We can't wait to see you there.
 - [Register now](#) for a WFC-sponsored *virtual* Nature and Forest Immersion opportunity, Saturday, November 18, 1-3pm ET. **Join WFC Steering Committee member and certified forest and nature therapy guide Daphne Yin along with certified forest and nature therapy guide Tamberly Conway, as they guide women thru a two-hour virtual session in nature, from the forest, park, or backyard of your choice.** Nature and forest immersion comes from the tradition of forest bathing, or shinrin yoku - the practice of slowing down in the forest to reconnect with nature using our senses.
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Remembering the Inaugural Women's Forest Congress



Do you remember where you were one year ago? We do. We were basking in the success of the [inaugural Women's Forest Congress](#). Over the span of four days in October 2022, nearly 500 people came together, both in-person and virtually, to develop strategies and solutions and propose resolutions to address today's and tomorrow's most pressing challenges for forests and women. Since then, the Women's Forest Congress continues to build on the WFC Declaration and 10 Resolutions. Take a few minutes to revisit the inaugural event by:

- Get inspired by the [WFC Declaration and 10 Resolutions](#).
- Check out our [post-event summary](#).
- Revisit the [graphic recordings](#) by Urban Wild Studio.
- Watch general session [videos](#).

WFC Resolution of the Month

Throughout 2023, the WFC has featured a "Resolution of the Month." Throughout November, we'll feature Resolution #5- **ENABLE employees to prioritize mental, emotional, physical, and spiritual health and model healthy behaviors for others.** [Check out](#) the WFC Declaration to learn more. Does your organization have an example of how they are living out this resolution? We'd love to hear more and share with the WFC community. Connect via [email](#), tag us on social media (links below), or join our [LinkedIn Networking Group](#) to start a conversation.

WFC Needs Your Support (and Save the Date!)

Our final 2023 virtual event will be held on December 6, where we'll review our work in 2023 and look towards the future in 2024. Be sure to [save the date](#). **We are looking for an organization to sponsor this event to ensure its success.** If you think your organization would be interested, please [contact us](#).

Additionally, your financial support is needed and critical to continue the momentum. Your immediate support will ensure the continued success of the Women's Forest Congress movement. Throughout 2023, the Women's Forest Congress engaged and acted upon the [Declaration and 10 resolutions](#) from the October 2022 event. Specific activities include WFC strategic engagement and operations, ongoing communications and marketing, quarterly virtual gatherings, and supporting the volunteer-led Steering Committee, Advisory Council, and Working Groups, as well as the overall movement to position and learn from women as leaders in the forest community.

organization is interested in supporting the Congress, especially in this time of transition, check out our [sponsorship prospectus](#), [donate today](#), or [reach out to us](#).

WFC Blog

Be sure to check out our full suite of [WFC blogs](#). And if you're interested in being a guest blogger, please [let us know](#). We are particularly interested in individuals and organizations who can share how they live out the WFC Declaration's 10 resolutions, in part or in whole.

Important Fact of the Month

October is Breast Cancer Awareness Month (BCAM). The American Cancer Society [estimates](#) new breast cancer cases (in women and men) will reach over 300,000 in 2023. If the numbers don't catch your attention, consider that in 2021, the National Breast Cancer Foundation [stated](#), "1 in 8 women will be diagnosed with breast cancer in her lifetime." This terrible disease will impact a mother, sister, grandmother, aunt, cousin, friend, coworker, friend of a friend, and so on. [Early detection is key](#) - according to the American Cancer Society, when breast cancer is detected early and is in the localized stage, the 5-year relative survival rate is 99%. Take a few minutes to [schedule a mammogram](#), [perform a self-exam](#), or [learn](#) more.

THERE IS A NEED – ARGUABLY TODAY MORE THAN EVER – FOR DIVERSE PERSPECTIVES TO HELP ENSURE THE HEALTH AND FUTURE OF FORESTS.

Questions about the Women's Forest Congress? [Email](#) us.

